



Full Day and Forest Fridays Lunch Beverage Permission Form

HNP is required to serve milk to children eating lunch at Hartley. We will provide 1% cow's milk. Soymilk will be available for children who cannot drink cow's milk due to an allergy or other dietary reason. Families are responsible for providing any milk alternatives other than soymilk. A doctor's signature is required if your child will be drinking a cow's milk substitute at lunch.

Child's Name _____

Class(es): Mon/Wed Full Day Tues/Thurs Full Day Mon—Thurs Full Day
 Forest Fridays

My child may drink 1% cow's milk at lunch.

Parent signature: _____ Date: _____

OR

My child may **not** drink cow's milk at lunch due to an allergy or other dietary reason. I understand that a doctor's signature is required if my child will be drinking a milk substitute at lunch. *Please fill out all sections below.*

I give HNP permission to serve soymilk to my child as a substitute for cow's milk.

I will provide _____ as a cow's milk substitute daily for my child (note that nut milks such as almond milk are not allowed).

I approve _____ as a nutritionally equivalent substitute for 1% cow's milk due to an allergy or other dietary reason.

Parent signature: _____ Date: _____

Doctor signature: _____ Date: _____

Hartley Nature Preschool ♦ A program of Hartley Nature Center

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♦ www.hartleynature.org ♦